



Jin Shin Jyutsu
PHYSIO-PHILOSOPHY
European Office

July 2024

Dear Jin Shin Jyutsu students,

the guidelines for Jin Shin Jyutsu students have recently been updated. Still included are the various levels of training offered by Jin Shin Jyutsu Spirit Mind Body (SMB), how to become a Jin Shin Jyutsu class organizer or an instructor for Jin Shin Jyutsu SMB, and an explanation of your limited rights to use trademarked and copyrighted Jin Shin Jyutsu materials.

An important update concerns the title given to Jin Shin Jyutsu students after completing their third 5-Day Class (Basic Seminar). The title which was used for many years was "Student Practitioner". This originated from Mary's realization that we are all students of the Art - and will be for life. We can surely appreciate that. However, the title does not convey to others the years of training, study, and practice that students and practitioners have undertaken.

For this reason, we have eliminated the title of Student Practitioner and are replacing it with "Authorized Practitioner". You can now refer to yourself as an Authorized Practitioner if you have attended at least three 5-Day Basic Seminars and agree to the Jin Shin Jyutsu Code of Ethics. This is explained in the revised guidelines document attached.

Thank you for reviewing our new guidelines for Jin Shin Jyutsu students. It is also posted on our website www.jinshinjyutsu.de and www.jinshinjyutsuspiritmindbody.com.

Thank you for your love for Jin Shin Jyutsu!

Lovingly,

Anita, Chus, Cynthia, Iole, Jed, Jennifer, Kelly, Margareth, Martina, Mona, Nathalie, Petra, Sara, Susa, Susan, Susie, Petra, Waltraud and the Jin Shin Jyutsu European Office





Guidelines for Jin Shin Jyutsu Students and Practitioners

I. Training and Education

A. Jin Shin Jyutsu Self-Help Class

We highly recommend that all Jin Shin Jyutsu students attend at least one Self-Help class. These are taught by authorized and qualified practitioners in many locations all over the world and by members of our faculty. This class is based on Mary's three Self-Help books 1,2,3 and teaches the fundamental principles of Jin Shin Jyutsu Physio-Philosophy and how to apply the Art to ourselves and those in our lives.

B. 5-Day Class (5-Day Basic Seminar)

The 5-Day Basic Seminar is for those who want to study and practice Jin Shin Jyutsu and to apply the Art to themselves and others, being the testimony of this simple, profound Art of Living made known to us by Jiro Murai, Mary Burmeister, and Haruki Kato. Please see our website <https://www.jinshinjyutsu.de> or <https://www.jinshinjyutsuspiritmindbody.com> for a list of authorized instructors and the schedule of classes.

1. Certificate of Attendance: After attending one 5-Day Basic Seminar, a certificate of attendance is issued.
2. Three-time 5-Day Basic Seminar Certificate of Attendance: Upon completion of three 5-Day Basic Seminars (at least two class in-person and possibly one online class), a second certificate is issued, verifying that 105 hours of class time have been attended.
3. Jin Shin Jyutsu Authorized Practitioner: Upon completion of the third 5-Day Basic Seminar, a student usually has gained a basic awareness and understanding that Jin Shin Jyutsu is a lifetime of study that is just beginning. By agreeing to our [Code of Ethics](#), the student is permitted to use the title Authorized Jin Shin Jyutsu Practitioner and is entitled to limited rights to Jin Shin Jyutsu materials (See IV).

C. Other Classes and Continuing Education

Students at every level of their Jin Shin Jyutsu journey, including Authorized Practitioners, are encouraged to continue their studies and deepen their understanding and practice of Jin Shin Jyutsu. We offer many types of additional classes in various formats. The Special Topic Classes, Mentoring Program, and Expanded 5-Day Classes (5 by 3) offer enrichment and in-depth exploration of Jin Shin Jyutsu topics. The Living the Art and Now Know Myself Classes are specialized classes that offer their own certificates of attendance. There are many to choose from! Please see the description of classes and the schedule of classes sections on the website <https://www.jinshinjyutsu.de/en> and www.jinshinjyutsuspiritmindbody.com.



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European Office



II. Becoming an Organizer

Class organizers are the essential link in Jin Shin Jyutsu training and education and serve many important functions. An organizer brings instructors and local students together and helps build a strong community. To get started, many organizers begin to create interest in their areas by offering Self-Help classes to the public, having a private practice, and/or hosting study groups. Becoming an organizer is a fun and important way to bring Jin Shin Jyutsu to your area.

Any student who has taken at least one 5-Day Basic Seminar is eligible to become an organizer, although we have found that it's preferable to have taken three 5-Day Seminars and earned the Authorized Practitioner designation.

If you want to bring Jin Shin Jyutsu seminars to your area, contact the office in Bonn so that we may provide you with further information. Please note that organizers contact an instructor directly with an invitation to teach in their area, establish dates for the class, and locate suitable facilities. The Organizer Guide and the office in Bonn can guide this helping to promote the class, taking care of enrollments, registration, class rosters, etc.

III. Becoming a 5-Day Basic Seminar Instructor (the Instructor Candidate Evaluation Program- ICEP)

Due to structural changes, this program is currently being revised.

IV. Limited Rights to Jin Shin Jyutsu Materials

As an Authorized Practitioner, you have limited rights to the use of our name:

- A. Jin Shin Jyutsu trademarks-** The name “Jin Shin Jyutsu” and the Kanji (the Japanese characters) are trademarks of Mary Burmeister. In Europe, we have a trademark to identify the Mary Burmeister Jin Shin Jyutsu organization. This is the logo that includes a circle within a rectangle and the name Jin Shin Jyutsu.

It is our policy to allow the limited use of our registered name and logo to Authorized Practitioners with the understanding that the practitioner is wholly responsible for his or her actions.

When using the name Jin Shin Jyutsu or the Kanji, always use the trademark of the European Logo and use them only in connection with the practice of the Art of Jin Shin Jyutsu as given to us by Master Jiro Murai, Mary Burmeister, and Haruki Kato. Authorized Practitioners are welcome to use our trademarks on stationery, business cards, and promotional flyers. The office in Bonn will be happy to answer questions or review any promotional materials for accuracy. When referring to Jin Shin Jyutsu in a title or its first usage, please write **Jin Shin Jyutsu Physio-Philosophy**.





B. Publications

We happily permit the publication of articles about Jin Shin Jyutsu, provided that we are allowed to review them in advance for accuracy. It is necessary to obtain our permission before you reproduce our materials or photographs, as they are the intellectual property of the Mary Burmeister Jin Shin Jyutsu Institute.

C. Presenting a Self-Help Class

Jin Shin Jyutsu Spirit Mind Body permits Authorized Practitioners to teach Self-Help classes. The prerequisite for this is attending the three self-help classes on Mary Burmeister's three self-help books at least once. If you wish to deepen your understanding and skills, we recommend that you attend a Living the Art (LTA) class. Attending the LTA class also designates you as an Authorized Self-Help Teacher and is a requirement if you would like to be listed on the Locator on www.jinshinyutsu.de or www.jinshinyutsuspiritmindbody.com

We ask that the following guidelines be observed:

1. Please use our name and trademark properly when producing brochures or flyers about your class and be sure it is clear that it is a Jin Shin Jyutsu Self-Help class you are teaching.
2. All Self-Help classes will be presented using only the three Self-Help books by Mary Burmeister. No other material or summary can fully demonstrate the Art (of Getting to Know (Help) Myself) or better inspire the Self-Help teacher to convey Mary's message.
3. We ask that you teach from your own level of awareness and understanding. In other words, you speak from your personal experience and practice.
4. We ask that you do not combine your Self-Help class with other modalities or disciplines.
5. We have found it very helpful when presenting a Self-Help class to communicate with attendees that while these instructions are intended to assist them in helping themselves (and perhaps to assist friends and family in helping themselves). The class is not intended to prepare them to offer Jin Shin Jyutsu sessions or teach others in a professional capacity (such as practitioner or Self-Help teacher or 5-Day Basic Seminar Instructor). Making available the latest class schedule brochure can help attendees differentiate between a Self-Help class and the 5-Day Basic Seminar.



PRACTICING THE ART OF JIN SHIN JYUTSU: Frequently Asked Questions

1. When can I practice Jin Shin Jyutsu on a professional basis and refer to myself as an Authorized Jin Shin Jyutsu Practitioner?

First of all, we encourage you to use your knowledge about the “Safety Energy Locks” with friends and family members from the beginning. To qualify as an Authorized Practitioner in Europe, the pathway is to complete three 5-Day Basic Seminars (at least two in-person classes and possibly one online class) and the agreement to the Jin Shin Jyutsu Code of Ethics.

We encourage new students on this pathway not to hurry through the process of completing their first three classes. Generally, a period of approximately eighteen months is the minimum suggested amount of time recommended to complete the first three 5-Day Basic Seminars. We encourage ongoing attendance at our classes for all practitioners, recognizing the need for continuing study as one begins and maintains a professional practice.

If you choose to practice the Art of Jin Shin Jyutsu professionally, please be aware that you are fully responsible for your own actions. Jin Shin Jyutsu Spirit Mind Body does not assume any responsibility for any type of loss or injury to you or others. Many practitioners purchase liability insurance. Please check with your state and local authorities regarding what is required to practice this type of modality in your community.

2. Is the certificate of attendance the same as a license?

A: No. The certificate issued by Jin Shin Jyutsu Spirit Mind Body is a certificate of attendance, verifying that you attended a certain number of classes.

The certificate of attendance does not constitute certification or a license, such as those required by some healthcare facilities or is considered state-recognized training. The traditional training offered by Jin Shin Jyutsu Spirit Mind Body does not test for proficiency and the certificate solely verifies attendance.

3. What should I charge for a Jin Shin Jyutsu session?

Fees charged for a Jin Shin Jyutsu session tend to vary according to the location and experience of the practitioner. Factors such as license and permit costs, local cost of living, expenses for an office, and the extra expense of house calls can all influence a practitioner's fee. Keeping all of this in mind, we encourage practitioners to keep prices affordable.

4. What terminology is appropriate to use as a practitioner?

No terms are used which are closely related to the medical field, such as therapy, diagnosis, healing, healing flows, etc. Jin Shin Jyutsu doesn't claim to heal or be a substitute for medical treatment. The use of such terms and statements may have legal consequences. However, we believe Jin Shin Jyutsu profoundly supports the self-healing process of spirit, mind, and body, and is a valuable supplement but not a replacement for conventional healing methods. Appropriate terminology might include 'Art of Harmonization', 'Body Mind Art', 'complementary', 'integrative', 'light-touch energy work', 'stress reduction', 'deep relaxation', and 'self-help instructions'.



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5. Can I use the name Jin Shin Jyutsu and the Kanji (Japanese characters) on my business card?

The name Jin Shin Jyutsu and the Kanji are valuable assets of the Mary Burmeister Jin Shin Jyutsu Institute / Jin Shin Jyutsu Spirit Mind Body and serve to identify the Art brought to us by Jiro Murai, Mary Burmeister, and Haruki Kato. They also serve to distinguish from other modalities and approaches that neither understand nor share our values and our teachings. In principle, we allow the limited use of our name and logo to those who have attended at least three 5-Day Basic Seminars, with the understanding that they are fully responsible for their activities and for damages to themselves or third parties.

The Jin Shin Jyutsu name and logo should only be used in connection with the practice of the Art of Jin Shin Jyutsu, which was brought to us by Master Jiro Murai, Mary Burmeister and Haruki Kato. Jin Shin Jyutsu SMB reserves the right to revoke this use if the name and logo are used in a manner inconsistent with the Art of Jin Shin Jyutsu, quality requirements, or in any other manner that is not in the best interest from Jin Shin Jyutsu SMB.

It is the responsibility of each individual practitioner to read the above section (IV, Limited Rights to Jin Shin Jyutsu Materials) and follow the appropriate instructions.

6. What is the correct name of the organization now, Jin Shin Jyutsu Spirit Mind Body or Mary Burmeister Jin Shin Jyutsu Institute (JSJ Inc.)?

Jin Shin Jyutsu Spirit Mind Body has received the rights of Jin Shin Jyutsu from Jin Shin Jyutsu Inc. and the Burmeister family.

7. How can I inform people about Jin Shin Jyutsu?

The Jin Shin Jyutsu European Office in Bonn offers introductory materials, Self-Help books and various other books and learning materials. You are not permitted to copy or otherwise reproduce any of our materials without our written consent to do so. We will happily permit you to write and publish article, provided that we are given the opportunity in advance to review and approve those articles.

Public speaking about Jin Shin Jyutsu and offering Self-Help classes are excellent ways to introduce Jin Shin Jyutsu to others.

8. Who is authorized to teach Jin Shin Jyutsu?

The faculty of Jin Shin Jyutsu Spirit Mind Body gives permission to their internationally authorized instructors to present Jin Shin Jyutsu materials including Mary Burmeister's Text 1 and 2. Go to www.jinshinyutsu.de or www.jinshinyutsuspiritmindbody.com for the names of the authorized faculty and their classes. These individuals are the only instructors of Mary Burmeister's and Haruki Kato's text materials recognized by Jin Shin Jyutsu Spirit Mind Body.





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PHYSIO-PHILOSOPHY
European Office



9. At what point can I help others through a Self-Help class?

Authorized Practitioners are permitted to teach Jin Shin Jyutsu Self-Help classes and may use the term Jin Shin Jyutsu Self-Help teacher. If you have attended at least one Living The Art class (LTA) your designation is Authorized Jin Shin Jyutsu Self-Help teacher.

10. Are there any other considerations I should know about before presenting Jin Shin Jyutsu Self-Help to others?

A: Please use our name and trademark properly when producing brochures or flyers about your class. We do ask that you clearly refer to yourself as a Jin Shin Jyutsu Self-Help teacher or an Authorized Jin Shin Jyutsu Self-Help teacher (if you've attended an LTA class). Please review the (C) section above on page 4 titled 'Presenting a Self-Help class' and contact the office in Bonn if you have any questions.

Our Community will continue to grow and expand with your support!

Lovingly,
The Faculty of Jin Shin Jyutsu Spirit Mind Body / Jin Shin Jyutsu European Office

